

WISH LIST

- Word Search Books
- Board Games
- Dry Erase Markers
- TV Trays
- Serving Utensils/Eating Utensils
- Large Mixer & Blender
- Holiday Decorations

Open our (updated) Amazon wish list using your phone camera!



THANK YOU

Thank you to West River Acupuncture, Kathleen Green & Walter Boner, Mary Schnortz, Tammy Butler, Cheryle Hamiel, Norman Boeshans, Bobby Holman, Larry Kvanvig, Pegi Douglas, the Bob Grimm Band, Joy Decker, Tomac & Tomac Estate Planning, and Zonta Club of the Black Hills!



We are so grateful for your talents, time and contributions you continue to share with us!

We are humbly asking for your support in helping us renovate and furnish our 2nd location! The price tag for adding shower rooms/changing rooms, remodeling our kitchen, creating (3) ADA bathrooms and installing new flooring is approximately \$200,000 plus furnishings and supplies.



Please consider making a tax-deductible gift today to help us serve more caregivers and their loved ones!

Are you a caregiver who could use a break?

Give us a call at 605.791.0436 to schedule a tour.

We are open Monday-Friday from 7:30 a.m. to 5:30 p.m..

We have openings for adults of all ages!



Follow the Adult Day Center of the Black Hills on Facebook!

Black Hills Center for Aging is a 501(c)3 non-profit.



December News

What an incredible year we've had! We welcomed new team members, including Lindsey Seachris as our Development and Outreach Coordinator, Laura Christensen as our Wellness and Activity Coordinator, and Jady Green as our Floor Aide. Each of these remarkable women has significantly enhanced our guest experience and elevated our community engagement.

While we've shared moments of heartbreak and grief with our families this year, we have also offered essential socialization, comfort, and dignity to our guests, along with valuable resources and support for their caregivers. I couldn't be more proud of the high-quality services we deliver every day.

Exciting news: our new building at 1339 E. North Street is beginning to take shape! We eagerly anticipate announcing an open house date next month, giving you a chance to catch a glimpse of the beautiful space we're creating for such a vital service in our community. Don't miss the opportunity to enroll your loved one today!

Main Location:
4110 Winfield St
Rapid City, SD 57701
Ph. 605.791.0436



www.blackhillscfa.org

Opening Soon!
1339 E. North St.
Rapid City, SD 57701

Our Christmas Wishes

Here are some ways your family or company could help the Black Hills Center for Aging have a successful upcoming year:

1. **Sponsor a room at our new facility!** We have a Salon, Kitchen, Recreation room, Theater room, Conference room, Therapy room, and two beautiful shower rooms with their own lists of needs! These rooms could be sponsored with gifts ranging from \$5,000-\$7,000. A permanent plaque with your family/company name will be displayed at the entrance to the sponsored room.
2. **Sponsor our outdoor space!** We have a beautiful outdoor space that is full of pea gravel and lacks shade or sidewalks. We are looking for funding to build a picnic shelter as well as sidewalks and raised garden beds to allow our guests a safe and enjoyable outdoor experience while in our care. We estimate the entire project to be \$50,000, so every gift large and small would help! Donors who give \$5,000 or more will receive permanent acknowledgement.
3. **Contribute in-kind gifts to help supply our activity closet!** Our daily enjoyment and our guests' quality of life are largely dependent on how we spend our time interacting. Games, craft supplies, admission tickets for outings/gas cards, bingo prizes, and activity books are all needed (and appreciated). We have several Amazon Wish Lists we could share.
4. **Contribute to our Quality of Life Scholarship!** We hope to build a fund which would help those who do not qualify for state or VA financial assistance to attend our center. Turning caregivers away due to the inability to pay does not happen often, but it would be amazing to have an additional option for families.



Community Appreciation Event

Tuesday, December 3, at 10 am

Suncatcher's Riding Academy will be bringing two of their therapeutic ponies to our guests for a special visit from Santa's helper and his reindeer. This event will also include a surprise visit from Mayor Salamun and plenty of holiday cheer to go around!

Stop by and allow us to show you our appreciation for all you have done this year. We are so grateful for our community and all you do to support us!!

DECEMBER ACTIVITIES

MONDAY, DECEMBER 2 - **LIBRARY CHAIR YOGA**; MACYS DAY PARADE; DECK THE HALLS
TUESDAY, DECEMBER 3 - VISIT FROM SUNCATCHERS & MAYOR SALAMUN; **MUSIC BY LARRY**
WEDNESDAY, DECEMBER 4 - **SWIM** AND CHRISTMAS KARAOKE; PAINT FAN BLADES
THURSDAY, DECEMBER 5 - ASSEMBLE REINDEER; **SDSMT CHRISTMAS TREE VIEWING**
FRIDAY, DECEMBER 6 - WAFFLE CONE TREES; MOVIE "CHRISTMAS CHRONICALS 1"

MONDAY, DECEMBER 9 - **COFFEE AT MCDONALDS**; CANDYCANE GAME
TUESDAY, DECEMBER 10 - CHRISTMAS CARDS; **MUSIC BY PEGGI DOUGLAS**
WEDNESDAY, DECEMBER 11 - REINDEER CRAFT AM AND PM
THURSDAY, DECEMBER 12 - **JERRYS CAKES AND DONUTS**; CHRISTMAS BOW BOX GAME
FRIDAY, DECEMBER 13 - CHRISTMAS WISH LISTS; MOVIE "CHRISTMAS CHRONICALS 2"

MONDAY, DECEMBER 16 - **LIBRARY CHAIR YOGA**; PIN THE LIGHTS ON THE TREE
TUESDAY, DECEMBER 17 - REINDEER GAMES; **MUSIC BY DAKOTA BLEND**
****HOSPICE PLANNING COMMUNITY EDUCATION 4-5:00 PM****

WEDNESDAY DECEMBER 18 - CHRISTMAS JEOPARDY; **BOWLING**
THURSDAY, DECEMBER 19 - **HUMANE SOCIETY**; SPA AFTERNOON, HOT COCOA BAR
FRIDAY, DECEMBER 20 - SANTA & MRS. CLAUS; MOVIE "FAMILY SWITCH"

MONDAY, DECEMBER 23 - (REDUCED HOURS 8-3) WORDS IN WORDS; BINGO
TUESDAY, DECEMBER 24 - ****CLOSED****
WEDNESDAY, DECEMBER 25 - ****CLOSED**** MERRY CHRISTMAS
THURSDAY, DECEMBER 26 - (REDUCED HOURS 8-3) CHRISTMAS RECAP; GOALS FOR 2025
FRIDAY, DECEMBER 27 - (REDUCED HOURS 8-3) JEOPARDY; PIZZA PARTY

MONDAY DECEMBER 30 - **TOUR NEW BUILDING**; BINGO
TUESDAY DECEMBER 31 - NEW YEARS PARTY COUNTDOWN; **MUSIC BY LARRY**

*Group/Individual exercise as well as interactive games
are offered daily.*

*Activities are subject to change due to weather or staffing.
Please let us know if you have any new outing, entertainment
or activity suggestions!*

COMMUNITY EDUCATION

HOSPICE PLANNING

Tuesday, December 17 from 4-5:00 P.M.
4110 Winfield St.

Hospice planning is about creating a compassionate care plan that prioritizes comfort, dignity, and quality of life for individuals in their final stages. It brings together medical, emotional, and spiritual support to help individuals and families focus on meaningful moments and cherished time together.

This training is free and open to the public.
Please RSVP by calling 605.791.0436



Nicole White, BSN, RN, MBA
Monument Home+ Hospice

NOVEMBER MENU

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Hamburger on a bun 1CS LS Baked Beans 2CS Potato Wedges 1CS Leaf Lettuce & Tomato Slices Peaches 1CS	Cream Turkey 1CS over a Biscuit 1CS Peas & Carrots 1CS SF Pudding 1CS Fruit Cocktail 1CS	Breaded Baked Fish 1CS Triangle Potato Patty 1CS Stewed Tomatoes Fruity Slaw 1CS Bread 1CS	Swedish Meatballs 1CS Parslied Potatoes 1CS California Vegetables Applesauce 1CS Bread 1CS	Pizza Casserole 2CS Italian Vegetables Tropical Fruit 1CS Garlic Bread 1C
Monday 9	Tuesday 10	Wednesday 11 HAPPY BIRTHDAY	Thursday 12	Friday 13
Sausage Gravy over a Biscuit 2CS Squash 1CS Brussel Sprouts Strawberries & Pears 1CS	Baked Chicken 1/2CS Baked Potato w/Sour Cream 1CS Broccoli Mandarin Oranges 1CS Bread 1CS	Country Fried Steak 1/2CS Mashed Potatoes w/Milk Gravy 2CS Pampan Peas 1CS Cinnamon Apples 1CS Bread 1CS Brownie 2CS	Hearty Chicken Noodle Soup 1CS LS V-8 Juice 1CS Petite Banana 1CS Garlic Bread 1CS	Taco Salad w/Meat & Beans 2CS Cottage Cheese 1CS Pineapple Tidbits 1CS Site Reservations - Christmas Meal Due
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20 Christmas Meal
Meatloaf 1/2CS Boiled Potatoes 1CS California Vegetables Peaches 1CS Bread 1CS	Scrambled Eggs w/Cheese Sausage Link Glazed Carrots 1 1/2CS Apple Juice 1CS Fruit Muffin 1 1/2CS	Sweet & Sour Chicken 1CS over Baked Rice 1 1/2CS Broccoli Mandarin Oranges 1CS Fortune Cookie 1 1/2CS Bread 1CS	Chili 1CS Cornbread 2CS Tossed Salad Cooked Apples 1CS	Roast Beef Mashed Potatoes w/Gravy 1CS Cooked Carrots 1 1/2CS Cranberry Crunch Salad 1CS Chef's Choice Dessert 2CS Dinner Roll 1CS
Monday 23			Thursday 26	Friday 27
Ham Rotini Bake 1CS Green Beans Squash 1CS Applesauce 1CS Bread 1CS Open 8am-3pm			Crispy Chicken Sandwich 2CS Cheesy Potato Wedges 1 1/2CS Peas 1CS Tropical Fruit 1CS Open 8am-3pm	Beef Tips in Gravy over Mashed Potatoes 2CS Broccoli Petite Banana 1CS Bread 1CS Open 8am-3pm
Monday 30	Tuesday 31			
Ham & Bean Soup with Carrots & Potatoes 2CS Coleslaw 1/2CS Fruit Cocktail 1CS LS Crackers 1CS	Chef's Choice			

Over 60? Contribute what you can.
Suggested donation is \$10.00
Under 60 Pay \$15.00
Talk to a site manager
for other eligibility options.

FOR RESERVATIONS OR CANCELLATION
PLEASE CALL 24 HRS. IN ADVANCE
THE MEALS PROGRAM OFFICE AT 394-6002
OR RAPID CITY KITCHEN AT 343-8214
Please leave your name, where you eat and what day